

1 Review Article

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2 **Methods for detecting and quantifying mechanical damage in fruits:**
3 **Advances, challenges, and future perspectives**

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25

26 **ABSTRACT**

27 Mechanical damage is a major factor affecting postharvest fruit quality, causing substantial
28 economic losses throughout the supply chain. In addition to intrinsic factors such as species,
29 cultivar, and growing conditions, fruit quality is strongly influenced by mechanical stresses
30 during harvesting, handling, transport, and storage. Understanding the mechanisms and extent
31 of such damage is essential for developing strategies to reduce losses and improve postharvest
32 management. This review provides a comprehensive overview of current methods for detecting
33 and quantifying mechanical damage in fruits, including finite element modelling (FEM) for
34 analysing stress distribution and deformation, pendulum impact tests for evaluating bruise
35 susceptibility, penetrometers for assessing firmness, and various non-destructive spectroscopic
36 and imaging techniques for early damage detection. Particular attention is given to recent
37 advances in non-destructive approaches and their potential for rapid and objective quality
38 assessment. The paper highlights current challenges, including standardisation of measurement
39 protocols and scalability of advanced technologies, and outlines future perspectives for
40 improving detection accuracy and reducing postharvest losses.

41 **Key words:** postharvest fruit quality, manipulation, damage intensity, destructive and non-
42 destructive methods

43

44

45 INTRODUCTION

46 **Importance of fruit quality and mechanical damage**

47 In addition to the type and quantity of fresh fruit used in the diet, the quality and healthiness of
48 the fruit are also important, as governed by relevant national regulations (Croatian Ordinance
49 on Fruit Quality, 2008). Scientists in agronomy, the food industry, and experts in mechanization
50 research mechanical damage to fruit. Peterson (2005) studied excessive damage to apples,
51 peaches, and cherry fruit during separation and collection, finding that successful mechanical
52 harvesting can be achieved if machine characteristics and construction are integrated into a
53 compatible system and if the cultivars have uniform fruit maturity. Uniform maturity allows
54 the harvesting of firm fruits that are resistant to mechanical damage during separation,
55 collection, and transport. Fenyvesi et al. (2013) investigated stresses in apple and pear fruits
56 and concluded that during harvesting, transport, and handling, a certain percentage of damage
57 occurs with smaller loads on the fruit surface, while more intense loads cause damage inside
58 the fruit. Damage analysis for pear and apple fruits was carried out using finite-element (FEM)
59 and discrete-element (DEM) models. The results confirm that maximum stress develops in the
60 core, meaning the core accumulates stresses, and the load affects the fruit differently depending
61 on where it is applied (skin, flesh, core, or seed). FEM is a numerical method that has been used
62 in the last thirty years to investigate the dynamic behavior of objects. The use of machines and
63 equipment in harvesting fruit, grapes, and vegetables requires knowledge of the dynamic
64 behavior of particles. Fruits, like other agricultural crops, are exposed to various mechanical
65 loads and behave under such stress conditions as highly elastic materials. According to
66 Miyawaki (2000), the mechanical behavior of highly elastic agricultural objects such as fruit is
67 a complex integrated effect defined by geometry, shape, and surface roughness, and the
68 movement of objects under stress results in deformation and fractures.

69 Opara and Pathare (2014) state that understanding a product's susceptibility or resistance to
70 damage is important for developing problem reduction strategies, and that damage
71 quantification can be determined using destructive manual measurements and subsequent
72 analysis, such as technologies including near-infrared spectroscopy, hyperspectral imaging,
73 thermal imaging, and imaging nuclear magnetic resonance. The study also notes that there are
74 various objective indices for quantifying the potential for product damage under mechanical
75 load, but the most emphasized is damage sensitivity, expressed as the amount of damage per
76 unit of absorbed impactor compression energy. Fruits, as well as the woody tissue of plants, are
77 sensitive to mechanical loads and are frequently damaged. For this reason, manufacturers of
78 machines used in fruit production are required to make improvements to minimize damage to
79 both the fruit and the fruit tree itself. To ensure that machine construction meets agrotechnical
80 requirements, designers must know the physical and mechanical properties of fruits and plant
81 tissues. Shirvani et al. (2014) investigated the mechanical properties of fruit and concluded that
82 it is very important to know the mechanical properties of fruit species to assess and predict
83 deformations under external loads during transport, processing, and packaging. Abbott et al.
84 (1984) conducted sensory and instrumental measurements of apple fruit texture and stated that
85 texture description can be achieved using mechanical properties such as hardness, elasticity,
86 and deformation. Salarikia et al. (2017) conducted a study aimed at evaluating the patterns of
87 stress distribution and deformations inside a pear resulting from the collision of the fruit with a
88 flat surface made of different materials. Their results indicate that developing a strategy to
89 reduce damage during the supply chain requires an understanding of the dynamic behavior of
90 fruit under different forced loads, and that the FEM is one of the best techniques in terms of
91 accuracy and cost-effectiveness for studying damage caused by impacts during harvesting,
92 handling, packaging, and storage.

93 **Modelling, simulation and experimental approaches**

94 Kim et al. (2008) determine the modulus of elasticity and analyze the stress distribution of
95 whole apple fruits under parallel plate compression using FEM simulation based on the 3D
96 geometry of real apple fruits, and compare the results with the application of the ASAE
97 standard. Based on their research, they suggest that the widely accepted ASAE standard S368.4,
98 for compression testing of agricultural materials of convex shape, should be further studied due
99 to its suitability in predicting both the maximum contact stress and the apparent modulus of
100 elasticity. In addition to FEM, other methods such as FDM (Finite Difference Method), BEM
101 (Boundary Element Method), and MM (Meshless Method) are also used to determine the
102 physical properties and analyse the behavior of fruits. Słupska et al. (2022) present a simple
103 method to estimate damage volume based on drop height and substrate material. Based on their
104 results, linear regression models were developed to predict the volume of bruising with regard
105 to the height of the fall and the type of surface. The same authors consider that numerical models
106 are a practical tool for rapid damage volume estimation, with an accuracy of about 75% for
107 collective models and 93% for individual models. Mechanical damage to cellular tissues is
108 closely related to their microstructure. Therefore, the behavior of fruits under load depends on
109 many microstructural properties such as cell size, cell wall thickness and stiffness, cell
110 orientation, etc. (Stropek and Gołacki, 2020). According to Raji and Favier (2004), optimal
111 design and control of primary production and harvesting operations require an understanding
112 of the dynamic behavior of agricultural products. The first step in FEM is to create objects with
113 the appropriate shape and size in virtual space. The position of the objects is determined by the
114 coordinates of the center of gravity for a spherical or other primitive shape, as shown
115 schematically in Fig. 1.

116

117 Figure 1. A pair of spherical objects in contact (Raji and Favier, 2004)

118

119 The aim is to develop a suitable theory to describe the behavior of a deformable, highly elastic
120 spherical particle under mechanical load and to incorporate it into FEM for agricultural final
121 products such as fruit. The constitutive equation, which includes all forces (F) and moments
122 acting on a moving particle in contact with neighboring particles, can generally be expressed
123 using Newton's second law of motion:

124

$$125 \quad m\ddot{x} = \Sigma F \quad \text{and} \quad I\ddot{\theta} = \Sigma F_t R_c \quad (1)$$

126

127 where: m – mass of the particle; \ddot{x} – translational acceleration of particles; F – the sum of all
128 forces acting on the body; $\ddot{\theta}$ – rotation acceleration; I – moment of inertia; F_t – tangential
129 force; R_c – vertical distance from the line of action to the center of the particle

130

131 In fruit mechanics, this equation is practically applied to model how fruits move, collide, and
132 distribute forces during processes such as handling, transport, and sorting, helping to predict
133 and minimize mechanical damage.

134 Raji and Favier (2004) state that the study conducted can serve as a starting point for researching
135 the behavior of soft and deformable materials, such as agricultural products, under mechanical
136 load. Song et al. (2006) investigate the physical properties of pears using FEM. To obtain a
137 non-symmetrical and non-spherical geometric model of the pear, they use a new image
138 processing technique. The object (pear fruit) is placed on a table, and the processing system
139 consists of a camera, a memory card, and the ANSYS 7.0 software. The light values of the
140 background object are used to separate the points. After obtaining the 24-bit photos, they are

141 processed with laboratory-made Visual Basic software, and the cross-section is obtained using
142 the ANSYS 7.0 software. After the objects (pear fruits) are exposed to different vibrations
143 (below 100 Hz), the authors conclude that the final quality of the pear fruit is influenced by its
144 shape, volume, and density. Fig. 2 schematically shows the procedure for obtaining a cross-
145 section of a pear.

146

147 Figure 2. Geometric modelling of pear fruit (Song et al., 2006)

148

149 Farkas et al. (2016) also investigated the deformation of fruits under various mechanical
150 influences, concluding that the occurrence of damage or deformation depends on several
151 factors, including the height from which the fruit falls, the static load exerted on the fruit within
152 the container, and the vibrational acceleration experienced during transport. Authors state that
153 if mechanical injuries are undetected, the fruit spoils, which can infect other fruits and
154 ultimately reduces the quality of the final product. If a defective product is detected, it can be
155 removed from the process. For this purpose, several methods of image and heat processing can
156 be used to distinguish bruised fruit from non-bruised fruit. Visual and infrared spectroscopy, as
157 well as early damage detection using hyperspectral data and thermal imaging, are most
158 commonly used. These methods can detect damaged fruits and thus prevent further mechanical
159 injuries. In their research, the authors utilized an instrument with computer-controlled
160 compression, the so-called DyMa Test. The deformation in this test can be measured with a
161 laser sensor, and the collected data are stored directly in the computer. The measuring circuit
162 and settings are shown in Fig. 3.

163

164 Figure 3. Schematic representation of the application of mechanical load in the DyMa Test
165 (Farkas et al. 2016)

166

167 In the research by Farkas et al. (2016), load wedges of \varnothing 4 mm, \varnothing 5 mm, and \varnothing 6 mm were
168 used. The results indicate that this method can determine the sensitivity of individual fruits
169 under different load forces. Li et al. (2017) investigated the influence of impacts and other
170 mechanical contacts between fruits or between fruits and surface. In their work, 25 mechanical
171 models related to compressive and impact loads on fresh fruits were reviewed. The authors state
172 that it is crucial to develop accurate mathematical models that relate the mechanical properties
173 of fresh fruit at different stages of ripening, as well as to characterize the microscopic behavior
174 of fruit materials, especially internal properties such as tissue damage and microcracks, and
175 then develop appropriate damage criteria for such materials.

176 Fu et al. (2023) present a method for measuring damage to fresh apple fruits caused by repeated
177 impacts using a pendulum. In their research, they use a pendulum with an arm length of 0.15
178 m, a rotating angle sensor, and a piezoelectric impact force sensor. To assess the amount of
179 damage, they use the indices BA, BV, and BS, which significantly affect the occurrence of
180 damage. BA is an index of the amount of damage with respect to the size of the damage and is
181 useful for rapid visual grading and sorting decisions. BV is the damage index for the size of
182 internal damage and is particularly relevant for evaluating hidden defects that affect storage life
183 and marketability. BS is the index most commonly used to quantify the potential for fruit
184 damage due to mechanical stress, making it especially important for optimizing handling,
185 packaging, and transport conditions to reduce postharvest losses. These indices are determined
186 using the following equations:

187

188
$$BA = \frac{\pi w_1 w_2}{4} \quad \text{and} \quad BV = \frac{\pi d_b}{24} (3w_1 w_2 + 4d_b^2) \quad (2)$$

189

190 where: w_1 – greater width of damage; w_2 – smaller width of damage, d_b – depth of damage,
191 as shown in Fig. 4.

192

193 Figure 4. Display of damage measurements on an apple (Fu et al., 2023)

194

195 The BS index (ratio of BV to impact energy E_{td}) is determined by the equation:

196

197
$$BS = \frac{BV}{E_{td}} \quad (3)$$

198

199 The same authors conclude that repeated shocks can significantly affect both the extent of
200 damage and susceptibility to damage.

201

202 **Non-destructive sensing and artificial intelligence approaches**

203 When determining the quality of agricultural products, non-destructive methods should be used,
204 as they are faster and more economical than conventional methods. Non-destructive methods
205 can assess the quality of fruits without causing damage. These include common sensor
206 techniques such as imaging, spectroscopic, acoustic, mechanical methods, as well as E-nose
207 and E-tongue techniques. Aboonajmi and Faridi (2016) state that qualitative and quantitative
208 measurements of agricultural products without any physical, chemical, thermal or mechanical
209 damage can be considered non-destructive tests, whose advantages should play a more
210 significant role in the fruit and vegetable industry. Mohd and Hashim (2022) also study these
211 methods and conclude that non-destructive techniques represent future trends in agricultural

212 products quality assessment. Fathizadeh et al. (2021) state that non-destructive methods are
213 accurate, fast and suitable for online applications, and that the use of artificial intelligence and
214 data fusion techniques can further increase the accuracy of product quality measurements.
215 Optical sensing approaches have become central to modern bruise detection, enabling fast, non-
216 contact inspection. Visible/NIR and SWIR (Short-Wave Infrared) hyperspectral imaging can
217 detect biochemical and structural changes associated with bruised tissue before symptoms
218 become visible. Okere et al. (2023) demonstrated that Vis-NIR and SWIR hyperspectral
219 imaging could classify pomegranate bruise severity with high accuracy, while also reducing
220 data dimensionality through informative wavelength selection. Similar progress has been
221 reported for apples, pears, blueberries, strawberries, kiwifruit, and peaches, where spectral
222 imaging has been combined with machine learning or deep learning to detect early bruises and
223 hidden defects (Zhang et al. 2024; Sun et al. 2026; Liu et al. 2023; Liu et al. 2026; Locatelli et
224 al, 2026).

225 Recent research has shifted towards rapid, non-destructive, data-driven methods capable of
226 detecting visible, subsurface, and latent mechanical damage. These approaches integrate
227 optical, spectroscopic, acoustic, and imaging techniques with artificial intelligence to enable
228 objective, high-throughput quality assessment. The review by Nicolai et al. (2007) remains a
229 cornerstone, having established near-infrared spectroscopy as a fundamental tool for non-
230 destructive quality assessment of fruits and vegetables and providing the methodological basis
231 for subsequent spectroscopic and imaging applications.

232 Deep learning has further improved the detection of subtle or irregular damage patterns.
233 Convolutional neural networks (CNN), YOLO (You Only Look Once)based detectors, faster
234 R-CNN (Region-based Convolutional Neural Networks) models, and hybrid spectral–spatial
235 architectures can segment damaged regions, classify bruise severity, and support automated

236 grading. Recent studies have reported effective early bruise detection in apples using
237 hyperspectral imaging and YOLObased models, in strawberries using hyperspectral imaging
238 and deep learning, and in blueberries using hyperspectral feature fusion with machine-learning
239 classifiers (Zhang et al. 2024; Sun et al. 2026). These methods are promising for industrial
240 applications as they reduce subjectivity and enable rapid inspection, although model robustness
241 across cultivars, lighting conditions, maturity stages, and acquisition systems remains a
242 significant limitation.

243 X-ray imaging, computed tomography, and thermal imaging provide complementary
244 information for internal or subsurface defects that may not be detectable using surface-based
245 optical methods. X-ray imaging has recently been applied for internal quality inspection of
246 pears, while active infrared and thermal imaging have shown potential for detecting subsurface
247 bruises based on thermal contrast and heat-transfer differences between healthy and damaged
248 tissue (Yang et al. 2025; Bharadwaj et al. 2025). Although these technologies offer strong
249 diagnostic potential, their cost, processing requirements, radiation safety considerations, and
250 integration into high-throughput sorting lines must be carefully addressed.

251 Overall, recent advances indicate that the future of mechanical-damage detection lies in
252 multimodal sensing, sensor fusion, and artificial intelligence. Combining mechanical
253 measurements with spectral, thermal, X-ray, and image-based data can provide a more
254 comprehensive description of fruit damage, while machine learning can transform large sensor
255 datasets into objective quality decisions. However, wider adoption will require standardised
256 protocols, open datasets, validation under commercial conditions, and cost-effective hardware

257 suitable for integration into industrial grading and supply-chain systems (Chamorro-Padial et
258 al. 2024; Mei and Li 2023).

259

260 **DISCUSSION**

261 The mechanical properties depend on fruit structure, as well as on other factors. Fig. 5
262 schematically shows the structure of a pear, apple and peach, highlighting the basic elements
263 that primarily determine their mechanical properties.

264

265 Figure 5. Schematic representation of the structure of a pear, apple and peach

266

267 Textural properties of fruits can be determined by precise indicators obtained through
268 measurement or by descriptive terms based on visual inspection. Along with nutritional
269 properties, taste and appearance, texture is one of the main indicators in the quality assessment
270 of agricultural products. According to Jašić (2007), the mechanical attributes of texture are
271 divided into five basic characteristics: hardness, cohesiveness, viscosity, elasticity and
272 adhesiveness. The hardness or degree of damage to fruits and vegetables is determined by
273 measuring the force required to cause damage or by measuring the area of the damage. Fig. 6
274 schematically shows the procedure for determining the hardness of pear fruit.

275

276 Figure 6. Schematic representation of hardness determination

277

278 Hardness H can also be defined as a property of a material that resists the penetration of a
279 foreign body (penetrator) into its structure. The hardness of the material is also determined by
280 the equation:

281

282

$$H = \frac{F}{A} \quad (4)$$

283

284 where: H – hardness; F – the force with which the probe acts on the fruit (N); A – penetrator
285 surface area (mm²)

286

287 Skendrović Babojelić and Fruk (2016) state that monitoring the hardness of fruit is important
288 when deciding on its intended use, i.e. whether it can be stored for a longer period or not. The
289 same authors state that hardness is mainly influenced by the nature and size of the fruit, calcium
290 content, maturity at harvest, temperature, light, time, storage conditions, and other factors.
291 Hardness can be determined by various devices, including a penetrometer designed for
292 materials such as fruit or vegetables. Fig. 7 shows the analogue, digital, and digital
293 penetrometers on the support.

294

295 Figure 7. Analogue, digital, and digital penetrometer on the carrier

296

297 Fruits do not have the same characteristics, and for each fruit type, specific penetrators are used
298 that differ in the surface area they penetrate into the fruit. Fig. 8 shows several penetrators with
299 different diameters (d).

300

301 Figure 8. Penetrators with different diameters (Skendrović Babojelić and Fruk, 2016)

302

303 Table 1. Penetrator diameter values for some types of fruit (Skendrović Babojelić and Fruk,
304 2016)

305

306 Fathizadeh et al. (2021) investigated the hardness of apples and stated that it is related to
307 juiciness and freshness, and that it is a more important indicator of quality than sugar and acid
308 content. Based on information about hardness values, the nano-mechanical properties of the
309 fruit during the ripening period can be inferred, which can help determine the optimal time for
310 harvesting fruit or vegetables. During harvesting, fruits and vegetables are subjected to various
311 static and dynamic loads. When a fruit strikes a working element or collides with another fruit,
312 deformation occurs, consuming energy. The impact strength of fruit is most commonly assessed
313 using the coefficient of specific energy loss (k), which represents the energy required to destroy
314 1 mm³ of apple fruit (Lukač and Pandurović, 2011).

315

$$316 \quad k = \frac{E_k}{V} \quad (5)$$

317

318 where: k – energy loss coefficient (J/mm³); E_k – kinetic energy of the impact (J); V – volume of
319 fruit deformation (mm³)

320

321 The fruit elasticity factor (k_e) is determined by the ratio of the velocity after impact (V_2) to the
322 velocity at the start of impact (V_1).

323

$$324 \quad k_e = \frac{V_2}{V_1} \quad (6)$$

325

326 where: k_e – elasticity factor; V_1 – velocity at the start of impact (m/s); V_2 – velocity after impact
327 (m/s)

328

329 The elasticity factor (k_e) is determined by dropping a fruit from a certain height (h_1) and
330 measuring the height of its bounce from the substrate (h_2). Fig. 9 schematically illustrates the
331 procedure for determining the elasticity factor (k_e).

332

333 Figure 9. The procedure for determining the elasticity factor

334

335 Factors such as specimen conditioning prior to testing, geometry, and loading rate can affect
336 test results, so it is desirable to standardise testing and reporting procedures to ensure that data
337 from different sources are comparable. Factors such as variety, drying temperature, storage
338 technique, maturity, and processing technique should also be taken into account (ASABE,
339 2008). Chen et al. (2013) state that texture profile analysis (TPA) establishes a "bridge" from
340 objective measurement to subjective sensation and makes food characteristics predictable.
341 Khodabakhshian et al. (2021) report that determining the elastic properties of agricultural
342 products at the macro level results in very different values for certain samples. When
343 researching the elasticity of fruits and vegetables, Young's modulus is very practical. Young's
344 modulus represents the ratio of tensile stress to elongation and is also a measure of material
345 stiffness. For most materials, Young's modulus of elasticity is used when calculating the change
346 in volume that occurs under the action of an external force (impact, compression).

347 Opara et al. (2007) described the application of a newly designed device for determining
348 damage from mechanical impact on fruits as a consequence of mechanical damage. The same
349 authors state that a major limitation of existing devices is the lack of an objective measurement
350 of the height of the bounce, which is necessary when determining the actual impact energy. Fig.
351 10 shows their impact on energy testing device.

352

353 Figure 10. Schematic representation of the components of the new impact testing device (Opara
354 et al., 2007)

355

356 Opara et al. (2007) state that the new device is superior to the device using subjective
357 assessment of bounce height, providing a simple and cost-effective tool for researching damage
358 to fruits and vegetables. An additional problem in direct strain measurement is the need to
359 eliminate oscillations during impact that affect the measuring device (Abedi and Ahmadi,
360 2013). This issue can be addressed by using a high-speed camera that is not rigidly attached to
361 the research device (Horabik et al., 2017; Surdilović et al., 2018; Liang et al., 2018). Nassiri
362 and Jafari (2013) conducted research with the main objective of introducing an analytical
363 method for predicting the allowable static load applicable to apple fruits. To predict the
364 deformation energy absorbed by the fruit, a point load is applied to a solid spherical object, and
365 the test is carried out at two different temperatures, 0 and 25 °C. To simplify the problem, the
366 shape of an apple is approximated as a sphere, and a point load P is applied to the contact
367 surface, as shown in Fig. 11.

368

369 Figure 11. A spherical object subjected to an external point load (Nassiri and Jafari, 2013)

370

371 The same authors state that the transient strain energy in the domain $(0, t_0)$ was calculated using
372 the method of variables (where t_0 is the duration of the load during the stress relaxation test),
373 and that strain energy can therefore be calculated as a function of time and the geometry of the
374 apple. Emadi et al. (2011) investigated the physical and mechanical properties of peaches, such
375 as mass, volume, arithmetic mean diameter, density, sphericity, and stiffness. Their results
376 showed that determining the stiffness value non-destructively is feasible using the arithmetic

377 mean diameter. The aim of the research conducted by Zhang et al. (2017) was to develop
378 quadratic polynomial regression models using near-infrared spectroscopy to determine
379 differences in skin color, fruit hardness, soluble dry matter content, and their relationships with
380 chlorophyll absorbance (absorption difference index, IAD) in nectarine fruits. They state that
381 the quadratic polynomial regression method can be used to investigate the relationship between
382 fruit quality indicators and the degree of maturity, and that the regression relationship between
383 hardness and IAD can be applied to predict the maturity of other varieties of peaches and
384 nectarines.

385

386 **CONCLUSIONS**

387 Mechanical damage remains a major cause of postharvest losses in fruit production and supply
388 chains, significantly affecting quality and economic value. Conventional methods such as
389 compression tests, penetrometers, and impact devices provide useful information on fruit
390 mechanical resistance, but are often destructive and limited in detecting hidden damage.

391 Modern non-destructive approaches including acoustic sensing, spectroscopy, hyperspectral
392 imaging, X-ray/CT, thermal imaging, and machine vision offer strong potential for rapid and
393 objective quality assessment. The integration of artificial intelligence and machine learning
394 further enhances bruise detection, classification, and prediction of damage severity.

395 However, key challenges remain, including the standardisation of measurement protocols,
396 variability among fruit types, scalability of advanced technologies, and high implementation
397 costs. Future research should focus on cost-effective sensors, multimodal data fusion, and
398 robust AI models suitable for real-world applications. These developments could significantly
399 improve detection accuracy and reduce postharvest losses.

400

401 **CRedit AUTHORSHIP CONTRIBUTION STATEMENT**

402 Vlado Kušec: Conceptualization, Methodology, Investigation, Writing – original draft,
403 Visualization. Igor Kovačev: Methodology, Investigation, Writing. Martina Skendrović
404 Babojelić: Investigation, Resources. Ante Galić: Conceptualization, Supervision, Writing.

405

406 **DECLARATION OF COMPETING INTEREST**

407 The authors declare that they have no known competing financial interests or personal
408 relationships that could have appeared to influence the work reported in this paper.

409

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411 Not applicable.

412

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414 Data are contained within the article.

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420 The authors used InstaText and Grammarly solely for language editing purposes, including
421 grammar correction and language translation. No AI tools were used for generating scientific

422 content, data analysis, interpretation of results, or drawing conclusions. All scientific content,
423 analysis, and conclusions remain the sole responsibility of the authors.

424

425 SAŽETAK

426 Metode za otkrivanje i kvantificiranje mehaničkih oštećenja voća: napredak, izazovi i 427 buduće perspektive

428 Mehanička oštećenja glavni su čimbenik koji utječe na kvalitetu voća nakon berbe, uzrokujući
429 značajne ekonomske gubitke u cijelom lancu opskrbe. Osim unutarnjih čimbenika kao što su
430 vrsta, sorta i uvjeti uzgoja, na kvalitetu plodova snažno utječu mehanička naprezanja tijekom
431 berbe, rukovanja, transporta i skladištenja. Razumijevanje mehanizama i opsega takvih
432 oštećenja ključno je za razvoj strategija smanjenja gubitaka i unapređenje postupaka nakon
433 berbe. Ovaj pregledni rad daje sveobuhvatan prikaz suvremenih metoda za otkrivanje i
434 kvantificiranje mehaničkih oštećenja plodova, uključujući modeliranje metodom konačnih
435 elemenata (FEM) za analizu raspodjele naprezanja i deformacija, testove udara njihovom za
436 procjenu osjetljivosti na modrice, penetrometre za procjenu čvrstoće te različite nedestruktivne
437 spektroskopske i slikovne tehnike za rano otkrivanje oštećenja. Posebna je pozornost posvećena
438 najnovijim dostignućima u području nedestruktivnih metoda i njihovu potencijalu za brzo i
439 objektivno ocjenjivanje kvalitete. Rad ističe aktualne izazove, uključujući standardizaciju
440 mjernih protokola i primjenu naprednih tehnologija u praksi, te ocrtava buduće perspektive za
441 poboljšanje točnosti otkrivanja i smanjenje gubitaka nakon berbe.

442 **Ključne riječi:** kvaliteta plodova nakon berbe, rukovanje, intenzitet oštećenja, destruktivne i
443 nedestruktivne metode

444

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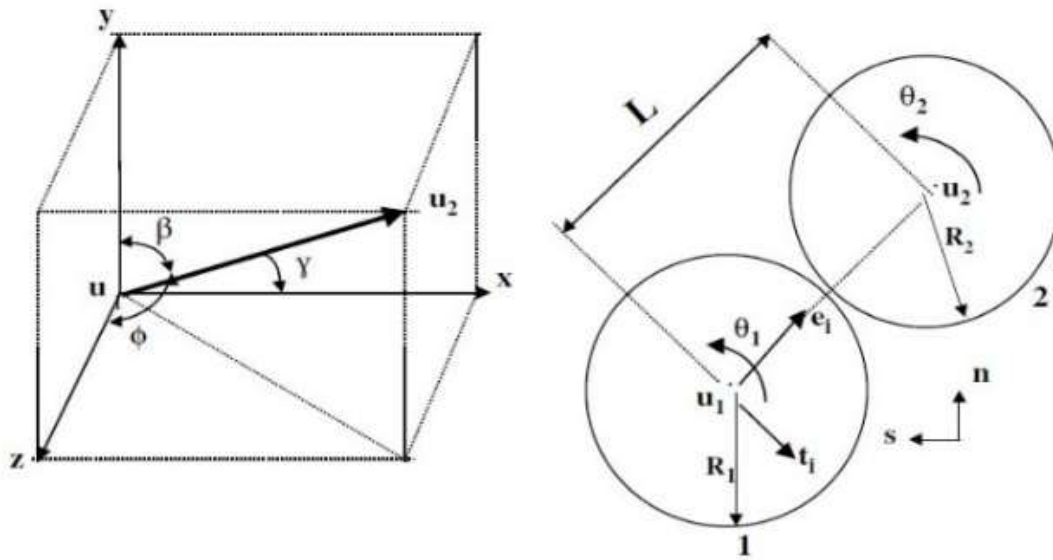
580 Table 1. Penetrator diameter values for some types of fruit (Skendrović Babojelić and Fruk,

581 2016)

Fruit type	The diameter of the penetrator (roller probe) (mm)
Berries, grapes and other small fruits	3
Avocados, berries, etc.	6
Pears, stone fruit, avocados, etc.	8
Apples	11

582

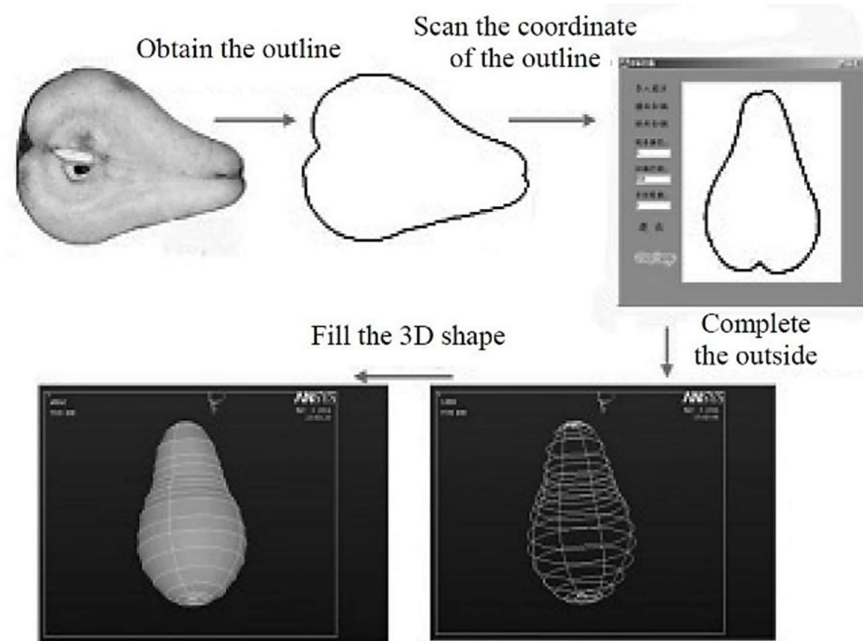
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585 Figure 1. A pair of spherical objects in contact (Raji and Favier, 2004)

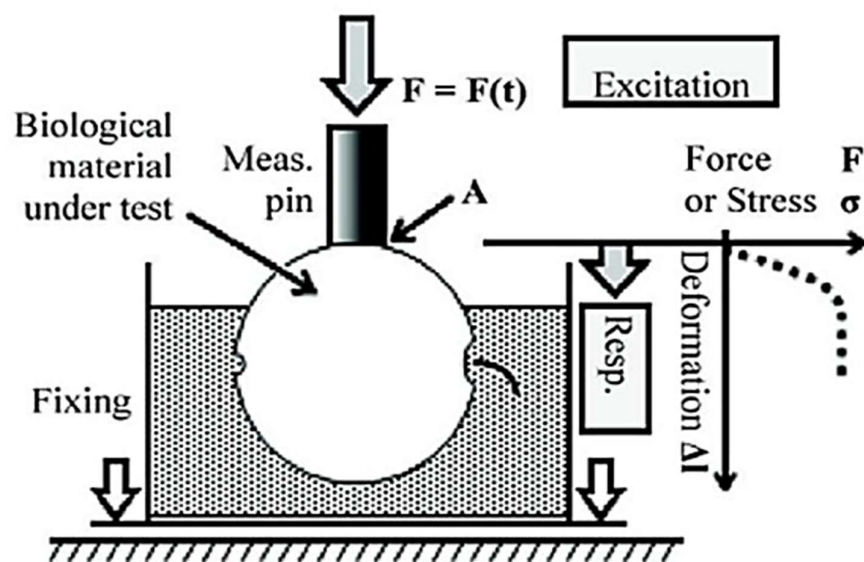
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588 Figure 2. Geometric modelling of pear fruit (Song et al., 2006)

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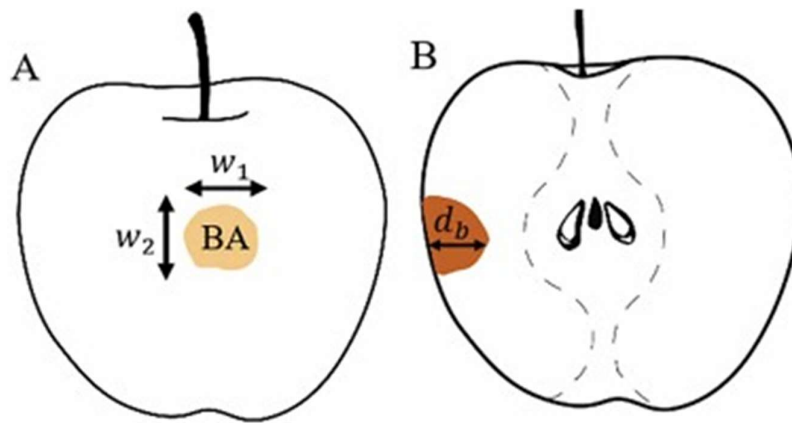


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591 Figure 3. Schematic representation of the application of mechanical load in the DyMa Test

592 (Farkas et al. 2016)

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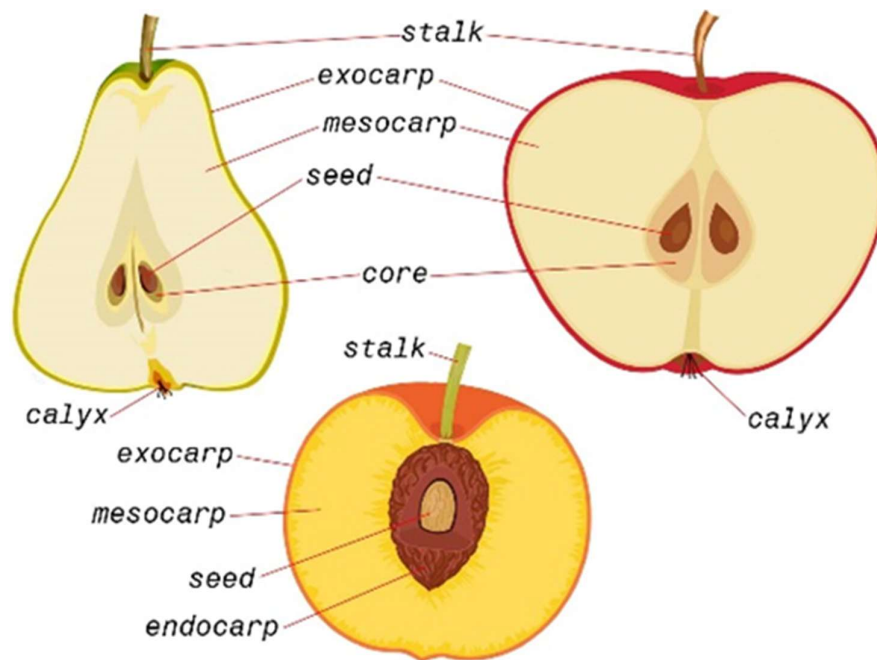


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595 Figure 4. Display of damage measurements on an apple (Fu et al., 2023)

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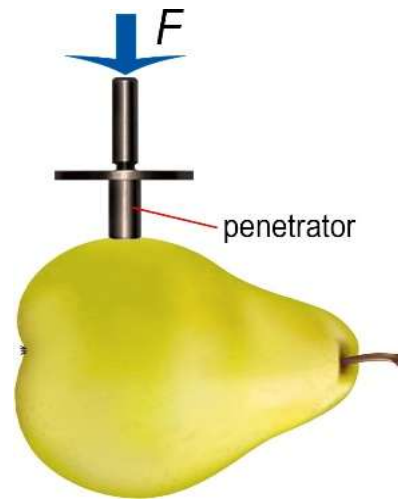
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599 Figure 5. Schematic representation of the structure of a pear, apple and peach

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602 Figure 6. Schematic representation of hardness determination

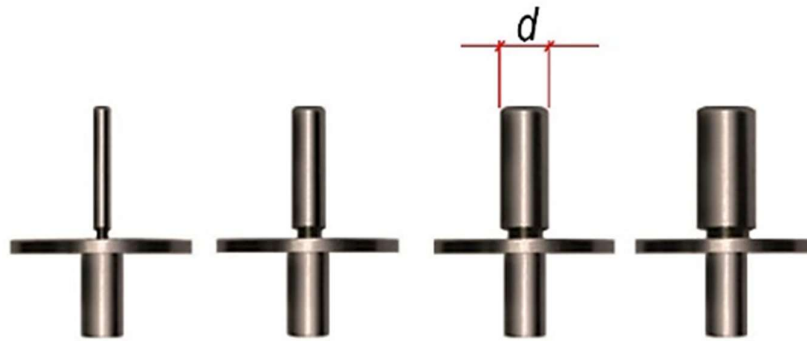
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605 Figure 7. Analogue, digital, and digital penetrometer on the carrier

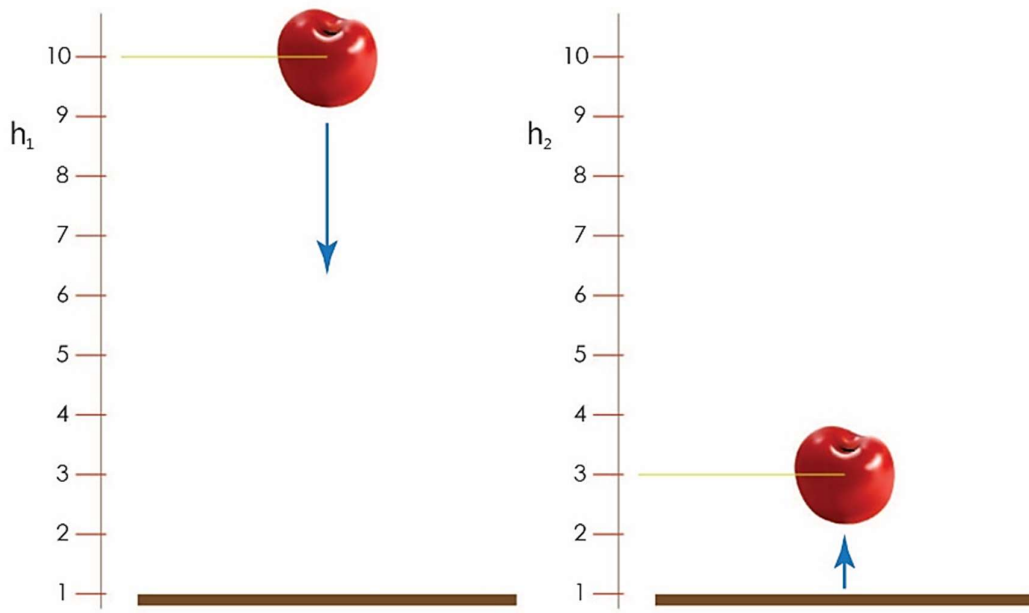
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608 Figure 8. Penetrators with different diameters (Skendrović Babojelić and Fruk, 2016)

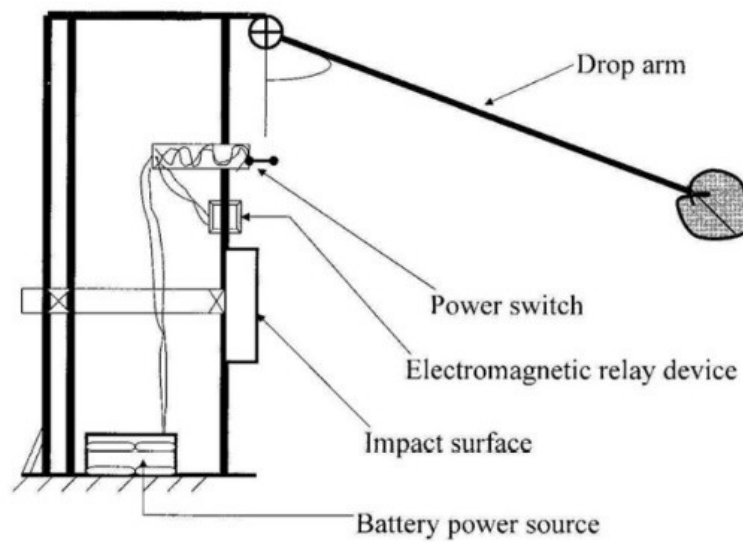
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611 Figure 9. The procedure for determining the elasticity factor

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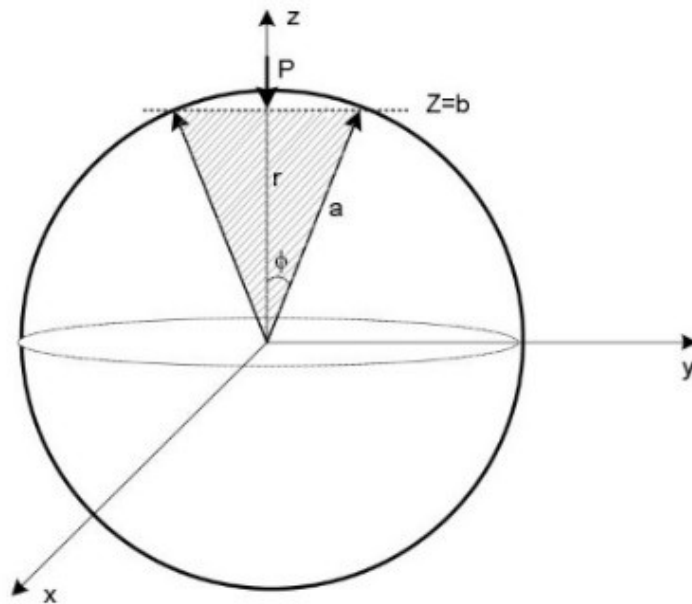


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614 Figure 10. Schematic representation of the components of the new impact testing device (Opara

615 et al., 2007)

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617

618 Figure 11. A spherical object subjected to an external point load (Nassiri and Jafari, 2013)